

## HEALTH AND WELLBEING PORTFOLIO HOLDER MEETING

THURSDAY, 12 OCTOBER 2017

### DECISIONS

Set out below is a summary of the decisions taken at the Health and Wellbeing Portfolio Holder Meeting held on Thursday, 12 October 2017. Decisions made by the Portfolio Holder will be subject to call-in. Recommendations made to the Cabinet or to the Council are not subject to call-in. The wording used does not necessarily reflect the actual wording that will appear in the minutes.

If you have any queries about any matters referred to in this decision sheet please contact Patrick Adams.

#### 1. **ACTIVE & HEALTHY 4 LIFE (EXERCISE REFERRAL) SCHEME**

The Health and Wellbeing Portfolio Holder

##### **AGREED**

- A) To note progress made in developing the scheme since February 2017.
- B) That Cambourne and Cottenham centres remain on review to give them opportunity to improve with a more stable structure in place.
- C) To support the future long term vision for the Active & Healthy 4 Life scheme.
- D) That an annual report is presented to the Portfolio Holder in the 1<sup>st</sup> quarter following each year end.

**Other Options Considered:** To support, amend or reject the aims of the Active and Healthy 4 Life Scheme.

**Reason For Decision:** The scheme has improved the health of a growing number of residents by increasing their physical activity at a reduced cost to this authority.

#### 2. **PARKLIFE: REVIEW OF 2017**

The Health and Wellbeing Portfolio Holder

##### **AGREED**

- A) To note the evaluation of and feedback from Parklife 2017
- B) To ask councillors to recommend any businesses that could offer corporate sponsorship for the events
- C) To recognise the efforts of Council officers and employees from Cambridge Sports Lake Trust in making this event such a success

**Other Options Considered:** To make alternative suggestions for future Parklife events.

**Reason For Decision:** Parklife has been running since 2009 and is the main corporate event put on by the Council. The aim of Parklife is to offer local people the opportunity to try out a range of sports, for example, paddle boarding and canoeing, with a view to them taking up the activity and remain in good health.

#### 3. **REDUCING SOCIAL ISOLATION IN SOUTH CAMBRIDGESHIRE**

The Health and Wellbeing Portfolio Holder

## **AGREED**

- A) To allocate staff time from within the Portfolio to develop a Parish Toolkit on Reducing Social Isolation.
- B) To support the allocation of £20,000 towards timebanking in 2017/18 on the understanding that this funding will be used commission a third party to support up to two parishes to establish new timebanking and evaluate the schemes.
- C) To use the existing budget to carry out a Faith Audit, in partnership with the Diocese of Ely, into Social Isolation Initiatives.
- D) To use existing resources to fund a two-year pilot of the Through the Door (social prescribing) Project with Granta Medical Practice.

## **RECOMMENDED TO CABINET**

- A) To agree to adopt the Tackling Social Isolation Task and Finish Group's Vision for a Social Network Village of the Future.
- B) To further support timebanking in the district, following future evaluation of the work the Health and Wellbeing Portfolio Holder is currently progressing with staff.
- C) To continue to support parishes to work in clusters where it makes sense to do so.
- D) To continue to promote community car schemes and works with partners to ensure greater community transport coverage for the north villages.
- E) To work with local hospitals and village groups to ensure that patients leaving hospital are supported locally when they get home.
- F) To promote opportunities for volunteering.
- G) To encourage the use of the communal rooms in sheltered housing complexes.
- H) To encourage retirement villages with appropriate housing design and activities.
- I) To commit to working with partners to evaluate any of the initiatives that are implemented, along with the programme as a whole.

**Other Options Considered:** To reject, amend or agree with the Tackling Social Isolation Task and Finish Group's recommendations.

**Reason For Decision:** The Tackling Social Isolation Task and Finish Group has carried out research into who is impacted by social isolation and investigated what the Council could do to reduce social isolation in South Cambridgeshire. The recommendations are backed up with research as well as local knowledge.